

Sample Programme 1

Day 1

- 10:00 am Arrival, welcome, introduction, rules, room allocation
- 10:30 am Ice-breakers, team division
- 11:00 am Team identification & war cries
- 12:00 pm Team presentations
- 1:00 pm Lunch
- 2:00 pm Rotation 1 – Obstacle course
- 2:45 pm Rotation 2 – Bungee run
- 3:30 pm Rotation 3 – Stretcher race
- 4:15 pm Rotation 4 – Swimming
- 5:00 pm Free time / sports
- 6:00 pm Supper
- 7:00 pm Camp songs & dances
- 8:00 pm Who's line is it anyway?
- 9:00 pm Stalk the lantern
- 10:00 pm Day wrap up
- 10:30 pm Lights out

Day 2

- 6:00 am Wake up, mountain hike, mountain talk
- 8:00 am Breakfast
- 9:00 am Leadership Session 1
- 9:45 am Rotation 5 – Pass the bucket
- 10:30 am Rotation 6 – Free Flow
- 11:15 am Rotation 7 – Maze
- 12:00 pm Rotation 8 – Plank pass
- 1:00 pm Lunch
- 2:30 pm Rotation 9 – Capture the flag
- 3:15 pm Rotation 10 – Number tyres
- 4:00 pm Rotation 11 – Tuck Shop
- 5:00 pm Free time / sports
- 6:00 pm Supper
- 7:00 pm Talent show prep
- 9:30 pm Camp fire & marshmallows
- 9:30 pm Day wrap up
- 10:30 pm Lights out

Day 3

- 6:30 am Wake up shake up
- 8:00 am Breakfast
- 9:00 am Leadership Session 2
- 9:30 am Eggs can fly
- 10:00 am Evaluation and wrap up

Possible Camp Outcomes

- Leadership Development
- Teamwork and Collaboration
- Social Skills and Relationship Building
- Outdoor and Environmental Education
- Personal Growth and Confidence Building
- Problem-Solving and Critical Thinking
- Cultural and Emotional Awareness
- Physical Activity and Wellness
- Academic Enrichment
- Fun and Recreation

Sample Programme 2

Day 1

- 10:00 am Arrival, welcome, introduction, rules, room allocation
- 10:30 am Ice-breakers, team division
- 11:00 am Team identification & war cries
- 12:00 pm Team presentations
- 1:00 pm Lunch
- 2:00 pm Activity - Alaskan Football
- 2:45 pm Activity - Number Tyres
- 3:30 pm Activity - Stretcher race
- 4:15 pm Activity - Pass the bucket
- 5:00 pm Tuck shop / sports
- 6:00 pm Supper
- 7:00 pm Night line
- 7:45 pm Movie / Comedy night
- 9:30 pm Day wrap up
- 10:30 pm Lights out

Day 3

- 6:30 am Wake up
- 7:00 am Music shake up
- 8:00 am Breakfast
- 9:00 am Session
- 9:30 am Towel volleyball
- 10:30 am Evalution & wrap up

Day 2

- 6:00 am Wake up
- 6:30 am Morning hike
- 8:00 am Breakfast
- 9:00 am Session
- 9:45 am Activity - Marshmallow towers
- 10:30 am Activity - Pass the boot
- 11:15 am Activity - Maze
- 12:00 pm Activity - Big Soccer
- 1:00 pm Lunch
- 2:00 pm Activity - Bungee run
- 2:45 pm Activity - Capture the flag
- 3:30 pm Activity - Shelter building
- 4:15 pm Activity - Swimming
- 5:00 pm Tuck shop / Sports
- 6:00 pm Supper
- 7:30 pm Skits practice
- 8:00 pm Skits presentation
- 8:45 pm Campfire
- 9:30 pm Day wrap up
- 10:30 pm Lights out

Do you like these programmes and want us to use it for your school camp?

Contact Sandile

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